



# Good News

FEBRUARY 2023

## From the Rector

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During the season of Lent, which begins this month on Ash Wednesday, February 22, we will follow Jesus on the pilgrim way to Jerusalem. We will meet him on the road, preaching, teaching, healing-and will follow him on his journey through town and countryside, guided by scripture, spiritual practice, and the companionship of our faith community. As we travel the pilgrim way with Jesus, giving ourselves time and space to enter into Jesus' passion, may we discover anew that Jesus' journey our journey too, and be transformed by it.

What a relief that we will not travel the rocky road of Lent alone! You and I will have learning guides along the way, and opportunities throughout the 40 days of Lent to come together as a community inside and outside of worship to compare notes, reflect on scripture and our life-experiences, and share the fellowship of Christ with one another.

First, look for an in-home weekly Lenten devotional to arrive in your in-box the week of Ash Wednesday. The devotional, entitled Henri Matisse and the Colors of Lent, will inspire us to explore the Lenten journey through scripture, art, and the life of Henri Matisse, one of the world's most beloved creatives. For those of you without ready access to the internet, hard-copies of this devotional will be available through our church office.

Second, watch for a sign-up sheet in the narthex for our 4 week in-person Lenten study of Brian McLaren's thought-provoking book *The Great Spiritual Migration: How the World's Largest Religion Is Seeking a Better Way to Be Christian*. A study guide will be available to you, and each of our four meet-ups in March and April will include a short video, bible study/conversation, and great food. While our Lenten studies have typically happened on Wednesday evenings, we can choose to meet another day or time, for coffee and bagels on Saturday morning or before church on Sundays. We are free to meet together on any

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day/evening that works for the group. Please share your feedback on time/day on the sign-up sheet.

Finally, on Friday March 24 we will offer dinner and a movie to all comers! This Lent we'll watch the 2017 feature film All Saints, enjoying pizza, popcorn, and all manner of treats! All Saints is the inspiring and uplifting true story of an Episcopal Church in Tennessee that transformed itself from a dying parish to a thriving community of faith by embracing its neighbors, sharing its abundance in new ways, and thinking outside the box.

This Lent let's walk the pilgrim way together as we follow Jesus to the cross and to new life in Him. Join us for Sunday worship, and take advantage of our live and on-line learning opportunities that take place outside of weekly worship. As always, we do better together!

Faithfully,  
Rev. Lisa



**SHROVE  
TUESDAY**  
21 FEBRUARY

It's time for our annual Shrove Tuesday Pancake Supper! Join us on Tuesday, February 21st for pancakes and more from 6:00 pm to 7:30 pm. Takeout dinners will be available and a free will offering collected to support the ministries of St. Andrew.

As this falls on a Pantry evening, we will also be including our pantry neighbors in the meal. Volunteers are needed to serve (contact the church office at [standrewmentor@gmail.com](mailto:standrewmentor@gmail.com).)

## ANNUAL MEETING

Mark your calendars for Sunday, February 19<sup>th</sup> for our Annual Meeting! There will be one service at 10:30 am followed by a potluck brunch and the meeting.

Ministry Leaders, please send your annual report to the church office by February 5<sup>th</sup>.

## February Celebrations

### Birthdays

- 01 Sue Corbett
- 02 Chris Heim
- 14 Katie Clark
- 15 Bob Pattison
- 15 Wayne Heim
- 15 Addalyn (Addie) Vernon
- 18 Eunice May
- 18 Linda Pietro
- 22 Nicholas Heim
- 25 Joe Gudel
- 26 Debbie Pulman
- 28 Susan Agnew

## ASH WEDNESDAY



We are observing Ash Wednesday together on February 22 with a service at 7 pm. And as our annual tradition, Rev. Lisa will be offering "Ashes to Go" from 9 am to 10:30 am and from 4 pm to 5 pm.

### Important Dates in February

- 01 Vestry Meeting 6:30 pm
- 05 Food Pantry 1 – 3 pm
- 11 Renewal of Vows 4 pm
- 14 Food Pantry 1 – 3 pm
- 19 Service at 10:30 am followed by the Annual Meeting
- 20 Presidents' Day
- 20 St. James Lunch 11 am – 2 pm
- 21 Shrove Tuesday Pancake Supper 6 – 7:30 pm
- 22 Ash Wednesday: Ashes to Go 9 – 10:30 am and 4 – 5 pm
- 22 Ash Wednesday Service 7 pm

## ST. ANDREW SOCIAL CLUB

Your St. Andrew family is getting together for fun and games! Look for upcoming events in February and this spring. If you are able to host or plan a gathering, please contact the church office.

*Love is a Celebration*  
WEDDING VOW RENEWAL



SATURDAY, FEBRUARY 11TH AT 4 PM

COME RENEW YOUR WEDDING VOWS, JUST IN TIME FOR ST. VALENTINE'S DAY!

ALL ARE WELCOME!  
NO EXCEPTIONS!



CAKE AND BUBBLY SERVED DIRECTLY AFTER THE EVENT. NO COST BECAUSE LOVE IS PRECIOUS AND FREE.

## VOLUNTEER OPPORTUNITY

Looking for a once a month, no-strings-attached volunteer opportunity that really helps your neighbors? It's not glamorous, but I've got one for you! Our choice pantry needs you to join us on the first Thursday of the month, around 11 am, to help unpack our monthly delivery from the Cleveland Food Bank, Giant Eagle, Trader Joe's etc. Just show up at 7989 Little Mountain Road, (St. Andrew, Mentor) enter at the side door off the parking lot and you'll see the pantry on your right. You don't need to lift more than 10 pounds unless you want to; you don't need to socialize

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with other volunteers unless you want to (we had two volunteers this morning-not enough). Stocking shelves is kind of fun, really, and meditative if you have a heart for meditation. Just show up, stay for an hour or two (you decide) and you'll be glad you did. Thanks in advance for your help.

## UPDATES REQUESTED

A new membership directory will be available this March! Please send any updated contact information (email, phone, address) for you and your family including a new picture to Sherrie at [standrewmentor@gmail.com](mailto:standrewmentor@gmail.com).

## UNITED FOR UKRAINE: WELCOME CIRCLES

A St. Andrew member, Jenna Neuman, shares her experience below on assisting an Ukrainian family potentially migrate to the United States:

*“Natalia has been my pen pal since February 2022. I have grown very fond of her. We found each other on the Global Pen Friends site. She fled from Kyiv to Starogard-Gdanski, Poland shortly after the bombing started. Although she and her daughter and her son-in-law and granddaughter have some normalcy, they feel unsafe there. They are well to the northwest of the border with Ukraine, far too close to Belarus. Their new home is temporary and the war is apt to be long. Natalia asked me to sponsor her to come to the US, but the prospect was too overwhelming.*

*I called the Ukrainian Catholic diocese in Parma which referred me to Catholic Charities which referred me to Immigration and Refugees which referred me to the Church of the Resurrection in Solon. The US government is attempting to share*

*responsibility for refugees with Americans. This church has sponsored refugees before, but not under this new Welcome Circle program. Sr. Susan Javorek invited my husband and me to join 17 other people at the initial sponsorship discussion. Some of them met again on January 21 and chose Natalia and her family to sponsor! She is a certified nurse and English teacher. Sergey is a Certified Accountant and his wife Yana has a degree in Economics. Their daughter, Karolina, speaks Polish already and all know English. They are not destitute and miserable, but they are an excellent first attempt. So, the process begins . . .”*

For more information about the Welcome Circle project please visit: <https://www.ccdocle.org/service-areas/migration-refugee-services/help/uniting-for-ukraine-welcome-circles>

For information about Episcopal Church world-wide projects to support communities challenged by hunger, disaster, poverty, and disease (and to get involved) visit: <https://www.episcopalrelief.org>.

## A NOTE FROM THE BENCH

Greetings of Mid-Epiphany,

St. Andrew Episcopal Church, 7989 Little Mountain Road, Mentor, Ohio 44060  
[standrewmentor@gmail.com](mailto:standrewmentor@gmail.com) - 440.255.8842

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*Longing for light, we wait in darkness.  
Longing for truth, we turn to you.  
Make us your own, your holy people,  
light for the world to see.*

*Christ, be our light! Shine in our hearts,  
Shine through the darkness. Christ be our light!  
Shine in your church gathered today.*

© Bernadette Farrell, 2000  
OCP Publications

In the season of Epiphany, we hear a lot about light, and bringing light to the world. This beautiful hymn by British hymnographer and composer Bernadette Farrell certainly speaks to this, and calls us and the church to be the light of Christ to the world. Farrell's hymn reminds us that we, the church, have a responsibility to speak and be light to the world that is so engulfed in darkness.

The first stanza of this hymn especially fits the Epiphany theme in Isaiah 60 read on the Feast of the Epiphany, *Arise, shine, for your light has come (NIV)*.... And from The Messenger Bible, *Wake up! Put your face in sunlight! God's bright glory has risen for you. The whole Earth is wrapped in darkness, ... But God rises on you.* We hear this theme of light in the Old Testament reading from Isaiah for Epiphany 3, *The people walking in darkness have seen a great light; on those living in the land of deep darkness a light has dawned (NIV)*, and we are called to be a light to the world in the Gospel of Matthew appointed for Epiphany 5, *You are the light of the world....In the same way, let your light so shine before others, that they may see your good deeds and glorify God in heaven (NIV)*.

Epiphany is also about ministry in the world, and our call as Christians to follow God's word, and become a voice for the troubled and those in despair.

*Longing for peace, our world is troubled.  
Longing for hope, many despair.  
Your word alone has pow'r to save us,  
Make us your living voice.  
Stanza 2, Christ be our Light*

Stanzas three and four call us to social justice, and reflects Farrell's work in social justice as a community organizer in London.

*Longing for food, many are hungry.  
Longing for water, many still thirst.  
Make us your bread, broken for others,  
shared until all are fed.*

*Longing for shelter, many are homeless.  
Longing for warmth, many are cold.  
Make us your building, sheltering others,  
walls made of living stone.  
Stanzas 3,4 Christ be our Light*

The fifth stanza seems to pull together this call for us to bring the kingdom of God to Earth as we serve here and now, the people of God right where we are today. We are the church, filled with gifts of the Spirit, and opportunities to use our gifts in many and varied ways. This is who the church is called to be and what the church is called to do.

*Many the gifts, many the people,*

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*many the hearts that yearn to belong.  
Let us be servants to one another,  
making your kingdom come.  
Stanza 5, Christ be our Light*

We will sing this hymn as we move from Epiphany to Lent. May we all manifest Christ's light in the world, here and now, right where we are today.

May this be our prayer for the church:

*Christ be our light! Shine in our hearts.  
Shine through the darkness. Christ be our light!  
Shine in your church gathered today.  
Refrain, Christ be our Light*

I look forward to praying this prayer as we sing together!

May it be so.

With much *Light*,  
John Spiesman,  
Organist

## HUMAN TRAFFICKING

January was National Human Trafficking Prevention Month.

Human trafficking offends the dignity of every human person. It destroys families, communities, and individual lives. The Episcopal Church has a long history of supporting action against human trafficking and working to support the victims of it. We are committed to advocating at the federal

level for more action to set human trafficking victims free to live the lives of freedom God intends for them.

Federal lawmakers have rightly made human trafficking a legislative priority. The 117th Congress passed the Abolish Human Trafficking Reauthorization Act of 2022 unanimously. This legislation implements vital provisions to end the criminalization of child trafficking victims. We are grateful for the passage of this important legislation, but there is always more that can be done.

We urge you to both thank the members from the last Congress for passing such an important bill and encourage them to remain vigilant by improving our anti-trafficking laws and providing greater protections to the wide array of individuals at risk of being trafficked.

For more information and to Take Action visit the Episcopal Church Office of Government Relations at <https://www.episcopalchurch.org/ministries/office-government-relations/action-alerts/?vvsrsrc=%2fCampaigns%2f100111%2fRespond>

## PRAYER CALENDAR

Let's Pray for Each Other!

Introducing the Prayer Calendar, which will come to you each month in your newsletter. You'll note that there is a parish member designated for each day of the month on the calendar. Please take a moment to pray for that person on the day indicated, whether you know them or not! Prayer blesses the one who prays and the one who receives prayer, so incorporating this prayer calendar into your daily devotions is a win/win situation!

*“Prayer is standing in the presence of God with the mind in the heart; that is, at that point of our being where there are no divisions or distinctions and where we are totally one. There God's Spirit dwells and there the great encounter takes place. There heart speaks to heart, because there we stand before the face of the Lord, all-seeing, with us.”*

— Henri J.M. Nouwen, *The Way of the Heart: The Spirituality of the Desert Fathers and Mothers*

### February 2023 Prayer Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <b>Elaine Abrams</b> <i>Sue Corbett(B)</i>	2 <b>Jim &amp; Shirley Andersky</b> <i>Chris Heim (B)</i>	3 <b>Billie Jean Anderson</b>	4 <b>Michael Bailey</b>	5 <b>Bichard &amp; Madelin Bair</b>	6 <b>Patty Barnes</b>	7 <b>Nancy Benes</b>
8 <b>Rick Berlan &amp; Andrew Caruso</b>	9 <b>Jeries &amp; Samia Bishara</b>	10 <b>Jackie Bishop</b>	11 <b>Kit &amp; Karla Brandenburg (Nick, Samantha)</b>	12 <b>Edward Bridge</b>	13 <b>Jim &amp; Beth Brown</b>	14 <b>Heather Catlett</b>
15 <b>Anthony &amp; Linda Chrzanowski</b>	16 <b>Ted &amp; Katie Clark (Jackson, Sarah)</b>	17 <b>Greg &amp; Melissa Connel</b> <i>Katie Clark(B)</i>	18 <b>Dennis &amp; Sue Corbett</b> <i>Bob Pattison(B)</i> <i>Wayne Heim (B)</i> <i>Adalyn (Addie)</i> <i>Vernon(Leitch)(B)</i>	19 <b>Ken &amp; Judy Cudnik</b>	20 <b>Wayne Daniels (Connor, Jesse)</b>	21 <b>Chris &amp; Hether DiAlfredi</b> <i>Eunice May (B)</i> <i>Linda Pietro (B)</i>
22 <b>Douglas &amp; Deborah Ditterbrand (Amy, Shawn)</b>	23 <b>Eric Dubovecky Christine Huggins</b>	24 <b>Richard &amp; Marlou Ezzo</b>	25 <b>Frank &amp; Mary Ellen Fescer</b> <i>Nicholas Heim (B)</i>	26 <b>Erin &amp; Collen Garlock (Jason, Katie)</b>	27 <b>Steve &amp; Megan Grau</b>	28 <b>Patricia Grisdale</b> <i>Joe Gudel (B)</i>
29 <b>Joe &amp; Kathy Gudel</b> <i>Debbie Pulman (B)</i>	30 <b>Louise Hassink</b>	31 <b>Wayne &amp; Christine Heim (Nicholas, Samantha, Ivy, Emma)</b> <i>Sue Agnew(B)</i>				

No anniversaries during the month of February

## LECTOR AND VOLUNTEER SCHEDULE

Date	Reading	Lector
2/5/2023	Old Testament Psalm Epistle Prayers of the People	Andy Speisman Brian Sandacz Eunice May Nancy Benes
2/12/2023	Old Testament Psalm Epistle Prayers of the People	Judy Cudnik Dona Currutt Barb Sopko Ed Bridge
2/19/2023	Old Testament Psalm Epistle Prayers of the People	Randy Pengov Kim Herczog Debbie Pulman Eunice May
2/26/2023	Old Testament Psalm Epistle Prayers of the People	Ed Bridge Judy Cudnik Nancy Benes Barb Sopko and Dona Currutt

### Volunteer Schedule for February 2023

	Altar Guild	Coffee Hour	Sunday School	Chalice Bearers	Lectors	Acolytes	Ushers/Greeters	Counters
<b>February 5</b> <small>The Fifth Sunday after Epiphany</small>	June Webb	TBD	TBD	Mary Provins	Andy Spiesman, Dona Currutt, Eunice May, Nancy Benes	C-Dona Currutt	Andy Spiesman	Phil Davis, Cathy Nash
<b>February 12</b> <small>The Sixth Sunday after Epiphany</small>	Mary Provins, Margaret Sinclair, Brianna Rotz	TBD	TBD	Mary Provins	Judy Cudnik, Brian Sandacz, Micki Rotz, Ed Bridge	C-Dona Currutt	Andy Spiesman	Greg Mackey, Phil Davis
<b>February 19</b> <small>Last Sunday after the Epiphany</small>	Carol & Randy Pengov, Susan Zuber	Annual Conference Potluck	TBD	Mary Provins	Randy Pengov, Kim Herczog, Debbie Pulman, Eunice May	C-Dona Currutt	Andy Spiesman	Charlotte Stoldt,
<b>February 26</b> <small>First Sunday of Lent</small>	Nancy Brothers, Lynn Kramp, Peggy Burkacki	TBD	TBD	Mary Provins	Ed Bridge, Judy Cudnik, Nancy Benes, Dona & Barb	C-Dona Currutt	Andy Spiesman	Deb Zimmerman, Chris Burke

+ 10:30 am only  
 \* Unvested lector      **If you need to reschedule, please make arrangements with someone else and let the office know of the change.**  
 \*\* Greeter                **Also, please check for your coffee hour Sunday.**