

Morning Prayer

First Sunday in Lent

Year B

February 21, 2021



Living Cross
Sarah Hall

Opening Sentence

Jesus said: "If any of you would come after me, deny yourself
And take up your cross and follow me." *Mark 8:34*

Opening Hymn

God himself is with us

H475

Confession

Let us confess our sins to God.

Minister and People

**God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.**

**We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.**

Absolution

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.

Officiant O God, let our mouth proclaim your praise.

People **And your glory all the day long.**

Psalm 25:1-9

Ad te, Domine, levavi

- 1 To you, O LORD, I lift up my soul;
my God, I put my trust in you; *
**let me not be humiliated,
nor let my enemies triumph over me.**
- 2 Let none who look to you be put to shame; *
**let the treacherous be disappointed in their
schemes.**
- 3 Show me your ways, O LORD, *
and teach me your paths.
- 4 Lead me in your truth and teach me, *
**for you are the God of my salvation;
in you have I trusted all the day long.**
- 5 Remember, O LORD, your compassion and love, *
for they are from everlasting.

6 Remember not the sins of my youth and my transgressions; *
remember me according to your love and for the sake of your goodness, O LORD.

7 Gracious and upright is the LORD; *
therefore he teaches sinners in his way.

8 He guides the humble in doing right *
and teaches his way to the lowly.

9 All the paths of the LORD are love and faithfulness *
to those who keep his covenant and his testimonies.

Doxology

Praise to the holy and undivided Trinity, one God: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

Lessons

Old Testament

Lector: A reading from Genesis

Genesis 9:8-17

God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all

flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

Lector: Hear what the Spirit is saying to the People.

People: **Thanks be to God.**

New Testament

Lector: A reading from First Peter

1 Peter 3:18-22

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you-- not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

Lector: Hear what the Spirit is saying to the People.

People: **Thanks be to God.**

Gradual Hymn *Forty days and forty nights* H150

Priest: A reading from the Gospel of Mark

Mark 1:9-15

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit

descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased."

And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

Lector: Hear what the Spirit is saying to the People.

People: **Thanks be to God.**

Homily

The Rev. Lisa O'Rear

The Apostles' Creed

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.**

**On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come again to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

Prayers

Intercessor: God be with you.

People **And also with you.**

Intercessor: Let us pray.

Intercessor:

To you, O LORD, I lift up my soul;
my God, I put my trust in you.

God of love

hear the cry of those who yearn for love;
fractured families, broken homes-
neglected, isolated, unwanted, alone.

God of love

ALL: hear our prayer

God of justice

hear the cry of those who yearn for justice;
persecuted and oppressed-
exploited, ill-treated, broken.

Guide our leaders to work for justice.

God of justice

ALL: hear our prayer

God of peace

hear the cry of those who yearn for peace
in cities, towns, and rural places,
in battle zones and broken states-
frightened, fearful, anxious

God of peace

ALL: hear our prayer

God of healing

hear the cry of those who yearn for healing;
physical and spiritual-
hurting, weakened, depressed, caregivers

God of healing

ALL: hear our prayer

God of mercy
Hear the cry of those who yearn for mercy;
sinful, convicted, in need of your Grace-
contrite, humble, bowed down, sick, or dying
God of mercy

ALL: hear our prayer

Closing Collect (*Officiant*)

I love the LORD, for God heard my voice;
God heard my cry for mercy.
Because God turned his ear to me,
I will call on God as long as I live.
(*Psalm 116:1,2*)

May you know the peace of God, the love of God
the justice of God, the healing and mercy of God,
this day and all days

Amen

Adapted From:http://www.faithandworship.com/Lent_intercessions.htm#ixzz570ohIMx3

Closing Hymn *The glory of these forty days* H143

Concluding Sentence

Glory to God whose power, working in us, can do infinitely more
than we can ask or imagine: Glory to God from generation to
generation in the Church, and in Christ Jesus for ever and ever.

Amen. *Ephesians 3:20,21*

Postlude *Amazing Grace* arr. Shirley M. Evans



Christ, Forgive a Penitent